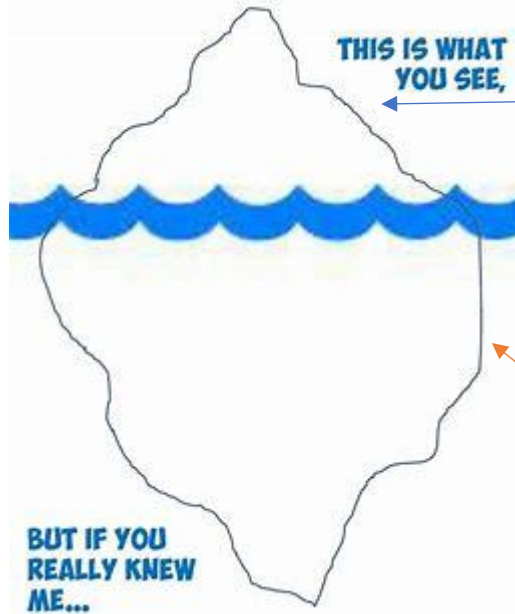


The Iceberg of awareness



Usually this is in one's awareness and others are also observing this. However sometimes we are not conscious of our behaviours that others may have observed.

Behaviours and actions rule this domain.

What can others see of you?

This is a reflective tool,

To help both develop your skills and abilities but can also be used as a stress evaluator.

Completing this tool can help you clearly identify things you would like to work on and develop a plan with a careers lead/mentor or coach to enable you to focus and effectively manage your development.

Is it calm underneath the surface or are there waves underneath the surface that are impacting on you?

Your thoughts and emotions are the rulers of this domain.

What is going on for you that others cannot see?