

NW SuppoRTT guidance during COVID-19

This guidance has been written to facilitate appropriate support for trainees returning to training at a time when clinical services, teams and trainers are under significant pressure.

It is important that the embedded SuppoRTT process is protected.

SuppoRTT Process

- Pre-absence meeting (discuss individual plan for keeping in touch, concerns, KIT days etc.) for those about to go on planned absence.
- Initial return meeting (6-10 weeks prior to return, plan Return to Training Activities RTT- and plan for enhanced supervision period. The 6-10 weeks may be considerably shortened in the current period and may occur as part of induction).
- Period of enhanced supervision (no unsupervised OOH work until full return agreed).
- Return review meeting, to mutually agree safe and ready to resume usual clinical activities/training.

Completion of the appropriate form at the meeting is required, which should be forwarded to SuppoRTT.nw@hee.nhs.uk and a copy saved in the trainees' portfolio. NB we are working on online forms which should be available soon.

Strategies to help

RTT activities

Any activity which refreshes knowledge and skills e.g. meetings, courses, induction, supervised clinical work, refreshing guidelines. Please visit our website for details <https://www.nwpgmd.nhs.uk/supportt-activities>.

Bootcamps / Simulation courses

- regional 2-day course (generic and specialty specific) – contact SuppoRTT@lthtr.nhs.uk for details/dates.
- Specialty specific simulation/communication courses offered by Schools – contact relevant School SuppoRTT Champion for details

Mentoring

Trainees should contact SuppoRTT.nw@hee.nhs.uk to arrange or visit <https://www.nwpgmd.nhs.uk/supportt-mentoring>.

School and Trust SuppoRTT Champions

For names and contact details please visit SuppoRTT website <https://www.nwpgmd.nhs.uk/supportt-contacts>.

Wellbeing activities

Further details available on the website.

SuppoRTT Supervisor training package

This online training package is available at: <https://portal.e-fh.org.uk/Component/Details/604888>

Useful sources of information & contact details

HEE (NW)SuppoRTT website: <https://www.nwpgmd.nhs.uk/supported-return-to-training>

Lead Employer: www.sharedservices.sthk.nhs.uk

NW SuppoRTT team: SuppoRTT.nw@hee.nhs.uk

Alison Gale, Associate Dean for SuppoRTT: Alison.Gale@hee.nhs.uk

Shirley Remington, Deputy Dean for Learner Support: Shirley.Remington@hee.nhs.uk