

In this rapidly moving and challenging time, we have created this resource with the aim to keep you informed of what is available as part of Supported Return to Training (SuppoRTT).

There is a lot of material online which you can access remotely. Please see some useful links below:



HEE Events page (upcoming webinars):

<https://www.hee.nhs.uk/news-blogs-events/events>

HEE SuppoRTT - digital and online resources

(page hosting recordings of all webinars, allow 5 working days for editing):

<https://www.hee.nhs.uk/our-work/doctors-training/supporting-doctors-returning-training-after-time-out/supporttt-digital-online-resources>

Information and resources for returning doctors during the COVID-19 crisis (Google doc):

<http://bit.ly/covid-returns>

Facebook Group – COVID Returning Doctors Support

(3 membership Qs, these must be answered before access to the group is granted):

<https://www.facebook.com/groups/301162934193287/>

Facebook Group – COVID Doctors Forum (UK):

[https://www.facebook.com/groups/326788934801330/653085615504992/?notif\\_id=1585121614569299&notif\\_t=group\\_nf\\_highlights](https://www.facebook.com/groups/326788934801330/653085615504992/?notif_id=1585121614569299&notif_t=group_nf_highlights)

Supported Return to Training – COVID-19 FAQs

[National SuppoRTT COVID FAQs](#)

HEE's national dedicated website:

<https://www.hee.nhs.uk/coronavirus-information-trainees>

HEE NW COVID-19 webpage:

<https://www.nwpgmd.nhs.uk/covid-19-information>

## **Mentors & Peer Support**

We have a pool of trained mentors across the region plus doctors offering peer support to those trainees returning from a period of 3 months or more out of training, particularly during this challenging time.

If you would like a SuppoRTT Mentor or Peer Support please register your interest via the [Mentee Registration Form](#)

Please continue to follow the SuppoRTT process including discussing your return with your TPD / ES and completing the relevant forms.

More information about the process and about SuppoRTT in the North West is available on our website <https://www.nwpgmd.nhs.uk/supported-return-to-training>.

If you have any questions or queries, please don't hesitate to get in touch with a member of our team by email at [SuppoRTT.nw@hee.nhs.uk](mailto:SuppoRTT.nw@hee.nhs.uk) or by calling 0161 268 9547 / 9507.