

## ST4 Psychiatry: North East

**Programme Details**

Child & Adolescent Psychiatry Higher Training Scheme

This is a large training scheme which has 16 NTN's and placements covering from DGH to Specialist Units (regional and national). The scheme aims to provide high quality comprehensive Higher Specialist training experience leading to CCST in Child & Adolescent Psychiatry. The scheme offers experience in Community Tier 3, In-patient Tier 4, specialist LD CAMHS, regional and national forensic CAMHS, regional and national ASD services, over three NHS trusts. Using an innovative scheme of 4 nine month posts (rather than 3 one year posts) ST receive a wide range of experience, with the opportunity to tailor training to meet their training needs and meet the workforce needs of the current time.

Forensic Psychiatry Higher Training Scheme

The Forensic training programme in Health Education North East is based in the two main mental health foundation trusts (NTW and TEWV).

There are two centres of forensic psychiatry in Newcastle and Middleborough which provide comprehensive services from medium security to the community. Health Education North East offers a wide range of experience within Forensic Psychiatry which includes medium and low secure, community forensic and specialist personality disordered services and an extensive range of prison experience inclusive of specialist services such as the Dangerous & Severe Personality Disordered Services for both men and women. Specialist training in Adolescent Forensic and Forensic Learning Disability is also available.

General Adult Psychiatry Higher Training Scheme

The Specialty Training Scheme in General Adult Psychiatry in Health Education North East (ST4-ST6) is a large training scheme which has 30 NTN's offering a variety of clinical and academic placements in General Adult Psychiatry in Newcastle, Morpeth, Hexham, North Tyneside, South Tyneside, Sunderland, Gateshead, Durham, Darlington, Stockton on Tees and Middlesbrough. The Scheme offers high quality higher specialist training experience in General Adult Psychiatry and sub specialties including Liaison Psychiatry, Rehabilitation Psychiatry, Addiction Psychiatry and CBT leading to CCT in General Adult Psychiatry with Sub Specialist Accreditation.

Psychiatry of Learning Disability Higher Training Scheme

Health Education North East's Psychiatry of Learning Disability Higher Training Scheme is highly respected across the country, and consistently does very well in the national trainees' survey. The scheme covers the North East of England (Northumberland, County Durham, Tyne & Wear and Teesside) and is designed to equip the trainee with all the skill and competencies required to be a consultant in a modern learning disability service. It has a total of up to 9 trainees at any one time, and offers a wide range of clinical experience and learning opportunities. As the scheme offers more trainers than trainees, it is able to offer some flexibility to give trainees a significant degree of choice in their placements.

Old Age Psychiatry

The old age psychiatry scheme (ST4-ST6) is based in four trusts: Northumberland Tyne and Wear NHS Foundation trust, Tees, Esk and Wear Valleys NHS Foundation Trust, Northumbria Healthcare NHS Foundation Trust and Gateshead Health NHS Foundation Trust. The majority of posts are based in the two mental health trusts (NTW and TEWV). Trainees will have the opportunity to rotate through these trusts. There are excellent clinical opportunities throughout the rotation to develop the skills, knowledge and competencies to train to become an old age psychiatrist. Furthermore, there are excellent opportunities for research experience throughout the Region, in particular the Institute for Ageing and Health at the University of Newcastle upon Tyne undertakes internationally competitive research in the field of brain ageing and dementia with unparalleled opportunities exist for research into a variety of aspects (social, biological, imaging, neuropathological, neurochemical) of both degenerative dementia and depressive disorders in late life.

Medical Psychotherapy Dual with General Adult and CBT

This 5 year joint training in General Adult Psychiatry and Medical Psychotherapy is a small scheme (3 trainees). It has been designed to ensure that graduates from the scheme possess a highly desirable combination of skills for today's health service job market. The programme has

	<p>capacity for 2 psychodynamic trainees and one CBT. Potential applicants should state the modality they wish to apply for is that which is being advertised. Trainees spend the first two years with their main placement in General Adult Psychiatry and special interest time beginning their psychotherapy training. By the time trainees arrive at a main placement in psychotherapy (ST6), they are well-prepared to take good advantage of the training opportunities provided. There are formal academic courses that are integrated (CBT) or running in parallel (psychodynamic) and close clinical and educational supervision is provided throughout. The CBT training provides for experience in a primary care setting (ST6), within secondary care provision (ST7) and in a tertiary highly specialist service (the Newcastle CBT Centre; ST8). The psychodynamic training is set within the Regional Psychoanalytic psychotherapy service throughout. Research and the development of special interest in encouraged and there are excellent relationships across all psychiatric services in the region to support this. Experience in Family Therapy is provided within the Regional Eating Disorders service and alternative possibilities exist within the recently formed Centre for Specialised Psychotherapies</p> <p><a href="http://ne.hee.nhs.uk/recruitment/specialty-training/specialties/">http://ne.hee.nhs.uk/recruitment/specialty-training/specialties/</a></p>
<b>Training Locations</b>	Trainees for all programmes will predominantly be based in Northumberland Tyne and Wear NHS Foundation Trust and Tees Esk and Wear NHS Foundation Trust. There are also a number of posts in Northumbria Healthcare NHS Foundation Trust and Gateshead Health NHS Foundation Trust.
<b>Expected Rotation Information</b>	TBC
<b>Anticipated Duration</b>	TBC
<b>Anticipated Outcome</b>	TBC
<b>Employment Information</b>	
<b>Employer</b>	Lead Employer Trust
<b>Employer Email Contact Address</b>	<a href="mailto:l.turnbull3@nhs.net">l.turnbull3@nhs.net</a> or <a href="mailto:leanne.lowe@nhs.net">leanne.lowe@nhs.net</a> Waterfront 4 Goldcrest Way Newburn Riverside Newcastle Upon Tyne NE15 8NY
<b>National Terms &amp; Conditions</b>	TBC
<b>Travel and Relocation Expenses Policy</b>	<a href="https://madeinheene.hee.nhs.uk/Portals/14/Relocation%20Policy%20V5_1.pdf">https://madeinheene.hee.nhs.uk/Portals/14/Relocation%20Policy%20V5_1.pdf</a> <a href="https://madeinheene.hee.nhs.uk/Portals/14/Travel%20Cost%20Reimbursement%20Policy%20v1.1.pdf">https://madeinheene.hee.nhs.uk/Portals/14/Travel%20Cost%20Reimbursement%20Policy%20v1.1.pdf</a>
<b>Other Policies and Guidance</b>	TBC

If you require any additional information, please contact the region directly on: [leanne.lowe@nhs.net](mailto:leanne.lowe@nhs.net) or [l.turnbull3@nhs.net](mailto:l.turnbull3@nhs.net)

Last updated: 28/10/2021