

2025-27 Specialised Foundation Programme - Bolton NHS Foundation Trust

Specialised Foundation Programme Lead: - Dr Natalie Walker Medical Education for Foundation Programme: - Carla Ward Postgraduate Medical Education lead: - Joanne Warburton

General Information:

There are 3 Specialised Foundation Programme (SFP) posts in Leadership at Bolton NHS Foundation Trust

As an SFP (Leadership) trainee at Bolton you will spend one session per week on your academic activities. During the FY2 ICU post you will be allocated an additional session and will spend 2 sessions per week on your academic activities. You will have a clinical and educational supervisor (who will also act as your SFP supervisor). Dr Walker will be responsible overall for the Specialised Foundation Programme.

Bolton is well placed to provide foundation training, with its reputation for excellent hospital and community experience and teaching. Alongside the skills, competence and experience you will be gaining as a foundation doctor you will have the opportunity to develop your skills and competence as a potential leader within the healthcare system. You will have the opportunity to link in with various ongoing Trust work streams relating specifically to patient safety, reducing harm and mortality reduction projects at Bolton Hospitals NHS Foundation Trust. As well developing an insight and gaining experience from the role of medical leaders within a busy acute Trust. You will enrol on the first module of the masters course in Leadership at Edge Hill University which will be funded on your behalf.

You will be expected (where possible) to attend 9 full days at the regional wide SFP teaching which is run over three academic semesters. These training days will locate geographically around the region. At the end of FY1 year you should attend the regional Showcase event during which you will be able to view and listen to FY2 doctors disseminate their academic work. At the end of FY2 you will be expected to submit an abstract and present your own work at this one day event via poster or oral presentation.

Although the attachment in which most time is allocated to academic activity is in the FY2 year, you will be required to make contact with your SFP supervisor as soon as possible on arrival (if not before) and to maintain contact throughout FY1. You should have at least an annual report uploaded onto your e-portfolio by your SFP supervisor. Preparatory work can begin as soon as possible to make your stay more fruitful and by FY2 you should have ample opportunity to plan, deliver and present your own project related to education and training.



1 Posts:

The rotations include medical and surgical specialty attachments as well as a 4 month attachment in General Practice in F2.

2 Post descriptions:

At Bolton NHS Foundation Trust there are 3 academic foundation posts in Leadership (Track 12). These are overseen by the post-graduate medical education lead Joanne Warburton.

3 Detailed post descriptions:

Leadership AFP Posts (Track 12)

	F1	F1	F1	F2	F2	F2
Track 12 (AFP)	General Surgery	Paediatrics	Gastroenterology	ICU	General Psychiatry	General Practice
Additional Post Description	Breast Surgery				Community Old Age Based at the Rivington Unit in Royal Bolton Hospital and at Bentley House	
Post Location	Royal Bolton Hospital	Royal Bolton Hospital	Royal Bolton Hospital	Royal Bolton Hospital	Greater Manchester Mental Health	GP Surgery within Bolton

Department: FY1 General Surgery Location: Royal Bolton Hospital

As an FY1 trainee in Breast there will be many opportunities for training and development. Working as part of the team you will attend daily ward rounds, MDT meetings and the weekly specialty teaching. You will be encouraged to attend clinics, theatres and get involved in practical procedures.

Main duties of the post - to manage the ward patients, be involved in ward rounds, clerking new admissions/theatre admissions. To manage unwell patients in the initial ward setting.

Department: FY1 Paediatrics Location: Royal Bolton Hospital

The Department of Paediatrics comprises 9 paediatric consultants, 2 consultant community paediatricians also contribute to the on call rota. This includes 6 resident consultant paediatricians who are present in the wards until 10 PM Mon-Fri. There is a middle grade presence 24 hours and also regular shift by advanced nurse practitioners. The department serves the children of Bolton and



its neighbouring districts - a child population of about 65,000 children. The department is closely linked with tertiary services in Manchester and Liverpool.

Main duties of the post - the position of a foundation trainee year 1 in Paediatrics holds much potential for training and development. The role is supernumerary and as a result allows some flexibility in where the trainee would like/needs to gain experience. The daily duties include:

- 1. Attending handover
- 2. Attending ward rounds
- 3. Clerking and reviewing patients and formulating management plans with senior support
- 4. Gain experience in paediatric practical procedures such as venepuncture, cannulation, blood gases etc.
- 5. Attend and participate in the departmental teaching programme
- 6. Accompany and support seniors in A&E resus calls
- 7. Updating handover lists and ward jobs
- 8. Chasing outstanding investigations
- 9. Ensure ward discharges are kept up to date
- 10. Attending outpatients

• Department: FY1 Gastroenterology Location:

Royal Bolton Hospital

The department:

Gastroenterology unit at RBH comprises 5 consultants along with a team of IBD and alcohol team . We provide comprehensive care to patients with a wide range of gastrointestinal and Liver disorders. The department has daily consultant ward rounds and MDT meetings. We have a very proactive Alcohol and IBD team who provide daily input to our in patients. The F1 will receive close support from CMT / Spr and Consultants while working in the wards.

Main duties of the post:

Ward based except when on call. Responsibilities involve clerking patients, requesting appropriate investigations, safe prescribing, and ongoing care of in –patients. There will also be opportunities to sit in out-patient clinics and watch endoscopy.

Typical working pattern in this post e.g ward rounds, clinics, theatre sessions

Daily Morning Consultant Ward round followed by Ward MDT at 11.45 PM

Mon AM: Consultant ward round (am)

Mon PM

Tues AM: Consultant ward round

Tues PM:

Wed AM: Consultant ward round Wed PM: Foundation Teaching Thurs AM: Consultant ward round

Thurs PM:



Friday AM: Consultant ward round

Fri PM:

Sat-Sun: On call duties only

On call requirements: On call for acute unselected general medicine admissions

Clinical Supervisor(s) for the post:

Dr Mark Murgatroyd, Dr Nick Wang

Department: FY2 ICU

Location: Royal Bolton Hospital

ICU is an eight bedded unit with ventilated patients providing level 2 and level 3 care.

Main duties of the post - Initial daily review of each patient and then presentation on the ward round. The afternoon is used to do the jobs and procedures detailed from the ward round such as insertion of invasive lines and organizing investigations. Daily patient reviews, ward rounds and practical procedures. Specialty teaching and Wed pm foundation teaching

Department: FY2 Psychiatry

Location: Rivington Unit, Royal Bolton Hospital

Assessment and management of psychiatric illness in community and hospital setting. Develop knowledge of Mental Health Act and assessment of Capacity. Develop knowledge of provision of psychiatric services.

Main duties of the post - Assessment of patients and developing initial management plans, dealing with physical problems as they arise and taking part in the on-call rota supported by more senior staff.

• Department: FY2 General Practice

Location: GP Practice within Bolton

Main duties of the post - Assessment and management of patients in surgery and at home, ordering of appropriate tests and following up those tests. Typical working pattern in this post - morning surgery, visits, admin, afternoon surgery.