

NW SuppoRTT Course

Day 2

Day 2 of the NW SuppoRTT Course is designed to make you more comfortable in returning to the clinical workplace*. It is held at three sites across the region: the simulation centres at Aintree, Royal Preston and St Helens Hospital.

In the morning you will practice your communication skills in small groups working through scenarios tailored to your specialty background, with the aid of communication skills tutors and simulated patient actors. These scenarios range from interaction that you would find in the community or out-patient clinic to breaking bad news to relatives.

A resus skills session will then refresh your knowledge of adult and paediatric (if appropriate) basic life support, as well as giving you the opportunity to practice basic airway management and IO access. Donning and Doffing will also be covered.

Following lunch, you will then be involved in three scenarios delivered by the simulation teams. These scenarios will focus on acute medical and surgical emergencies that you might encounter in the community, ward or other hospital settings, and again will be tailored to your work environment. After each scenario the team will sit down with you all as a group to facilitate a debrief, where any clinical questions you may have will be answered and non-technical skills will be discussed.

The Day 2s are delivered by the local simulation centre teams with input from clinicians during clinical scenarios and debriefs.