

GP SuppoRTT Newsletter

Spring Edition 2025



NHS
England
North West

BACKGROUND

The Supported Return To Training (SuppoRTT) programme was established in 2018 to bridge the gap between time out of training and restarting the training clock so that resident doctors feel confident returning to their role. It offers funding for courses when study leave cannot be accessed, return to training activities and a period of enhanced supervision.

CONTACTS

2 fellows work within the team:

Hawwa Bham

Anaesthetic Doctor
in Core Training/NHSE
NW SuppoRTT Fellow.



Caroline Charlesworth

GPST/NHSE NW GP
SuppoRTT Fellow.



We also have 2 GP SuppoRTT
Champions:

Yvette Brindle

GP Partner and trainer
in Chester & Champion
for C&L and M&C



Raj Khiroya

GP and Pennine TPD
& Champion for GM.



SuppoRTT Champions are also
in place in each hospital
Trust. For more info:

<http://nwpgmd.nhs.uk/support-contacts>

Peer SuppoRTT Reps

We are recruiting Peer SuppoRTT Reps for each specialty. Reps will promote the SuppoRTT programme and be a point of contact for peers. Details of the Reps are here: <https://nwpgmd.nhs.uk/supportt-contacts>.

NW SuppoRTT Course

A 3-day course: Day 1 focuses on issues after TOOT & communication skills. Day 2 on simulation. Day 3 is specific to GP with sessions on clinical updates and exams.

[Click here for more information about the course including how to book your place.](#)

NEW DEVELOPMENTS

We are currently working on a number of projects:

- 1) A pilot **NW Antenatal Course** for resident doctors and their partners, run over 2 sessions.
- 2) A short **NW SuppoRTT Video** which we hope to share with you soon.
- 3) New **Enhanced Supervision Period (ESP)** guidance to help standardise expectations. This can be found on our website. The ESP should still be bespoke to individual resident doctors needs.
- 4) We are working with Lead Employer on **Breastfeeding guidance** to standardise risk assessments and workplace adjustments for breastfeeding.

CONTACT INFO



WEBSITE

www.nwpgmd.nhs.uk/supported-return-to-training

EMAIL

england.supporttt.nw@nhs.net

SOCIAL



COFFEE CATCH UP

Held every 2 weeks by our Fellows. No topic off limits! [Click here for dates and how to join.](#)

WHATSAPP



FACEBOOK



www.facebook.com/groups/2507516232702562/