



# **M**entorship **A**dvice and **C**onnection **H**ub

# Mentor - Mentee Grade

| Mentor grade | Enrolled   | Had course      | Matched         |
|--------------|------------|-----------------|-----------------|
| Consultant   | 45         | 22 (49%)        | 15 (68%)        |
| Staff-grade  | 4          | 0               | 0               |
| HSTs         | 64         | 49 (77%)        | 34 (69%)        |
| ST1/ST2      | 36         | 28 (78%)        | 22 (79%)        |
| <b>Total</b> | <b>149</b> | <b>99 (66%)</b> | <b>71 (72%)</b> |

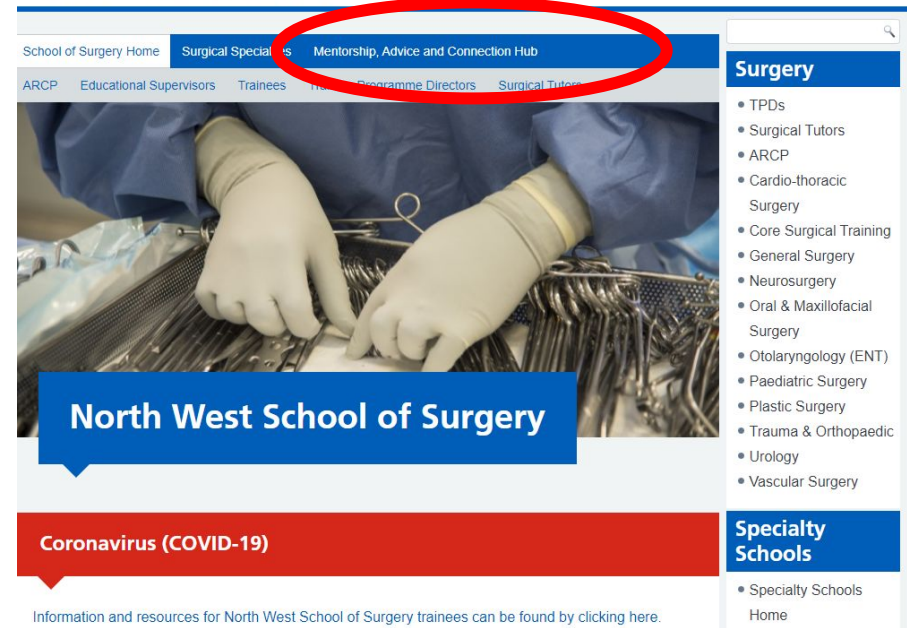
| Mentee grade     | Enrolled  | Matched         |
|------------------|-----------|-----------------|
| HSTs             | 3         | 2 (67%)         |
| CST/ST1/ST2      | 11        | 10 (91%)        |
| FY1/FY2          | 31        | 29 (94%)        |
| Medical students | 36        | 32 (89%)        |
| <b>Total</b>     | <b>81</b> | <b>73 (90%)</b> |



*Mentoring*

# How to find MACH?

Home Hospital Medicine General Practice Public Health Dentistry Foundation & Physician Associates  
Recruitment Inter Deanery Transfers - IDTs Covid-19 Support



School of Surgery Home Surgical Specialties **Mentorship, Advice and Connection Hub**

ARCP Educational Supervisors Trainees Training Programme Directors Surgical Tutors

**Surgery**

- TPDs
- Surgical Tutors
- ARCP
- Cardio-thoracic Surgery
- Core Surgical Training
- General Surgery
- Neurosurgery
- Oral & Maxillofacial Surgery
- Otolaryngology (ENT)
- Paediatric Surgery
- Plastic Surgery
- Trauma & Orthopaedic
- Urology
- Vascular Surgery

**Specialty Schools**

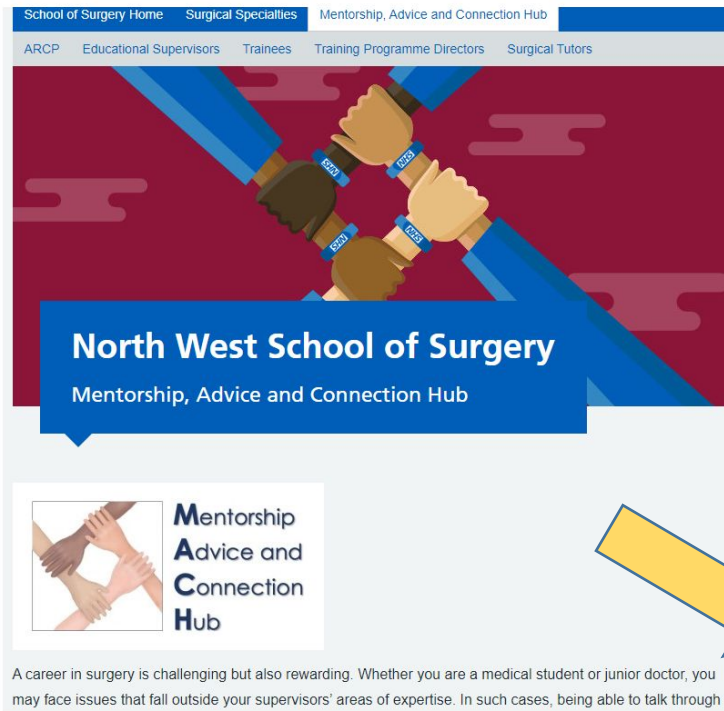
- Specialty Schools

Home

**North West School of Surgery**

**Coronavirus (COVID-19)**


Information and resources for North West School of Surgery trainees can be found by clicking here.



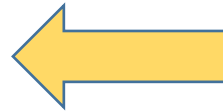
School of Surgery Home Surgical Specialties Mentorship, Advice and Connection Hub

ARCP Educational Supervisors Trainees Training Programme Directors Surgical Tutors

**North West School of Surgery**  
Mentorship, Advice and Connection Hub




 **Mentorship  
Advice and  
Connection  
Hub**

A career in surgery is challenging but also rewarding. Whether you are a medical student or junior doctor, you may face issues that fall outside your supervisors' areas of expertise. In such cases, being able to talk through



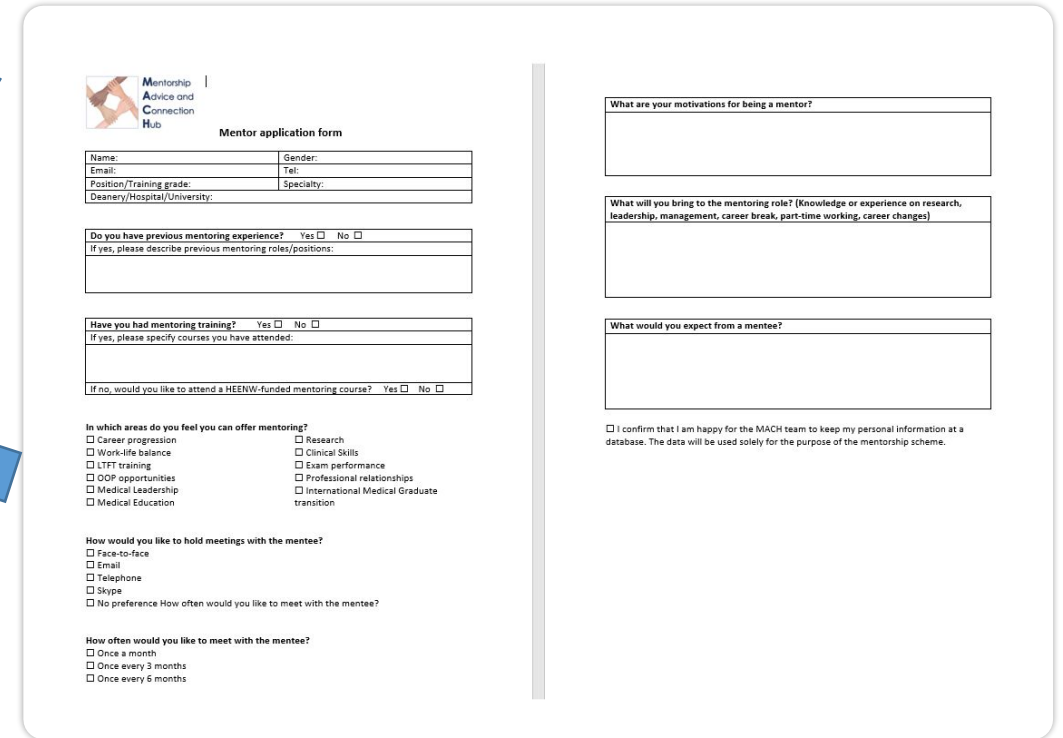
**Getting Involved**

If you would like to have a mentor or are keen to be a mentor, please fill in the application forms below and email them to [surgicalcareersnw@gmail.com](mailto:surgicalcareersnw@gmail.com).

-  [Mentor application form](#)
-  [Mentee application form](#)
-  [MACH framework](#)

# MACH Process

- Application Form
- Mentorship and Coaching course
- Matching
- Signed MACH agreement
- Feedback 12 weeks



The image shows a screenshot of the 'Mentor application form' from the 'Mentorship Advice and Connection Hub'. The form is divided into several sections with various input fields and checkboxes. Two blue arrows point from the 'Application Form' and 'Mentorship and Coaching course' items in the list to the form. The form includes fields for personal details, experience, training, and preferences for mentoring.

**Mentorship Advice and Connection Hub**  
Mentor application form

|                              |            |
|------------------------------|------------|
| Name:                        | Gender:    |
| Email:                       | Tel:       |
| Position/Training grade:     | Specialty: |
| Deanery/Hospital/University: |            |

Do you have previous mentoring experience? Yes  No   
If yes, please describe previous mentoring roles/positions:

Have you had mentoring training? Yes  No   
If yes, please specify courses you have attended:

If no, would you like to attend a HEENW-funded mentoring course? Yes  No

In which areas do you feel you can offer mentoring?

|   |  |
|---|--|
| <input type="checkbox"/> Career progression | <input type="checkbox"/> Research                                  |
| <input type="checkbox"/> Work-life balance  | <input type="checkbox"/> Clinical Skills                           |
| <input type="checkbox"/> LTFF training      | <input type="checkbox"/> Exam performance                          |
| <input type="checkbox"/> OOP opportunities  | <input type="checkbox"/> Professional relationships                |
| <input type="checkbox"/> Medical Leadership | <input type="checkbox"/> International Medical Graduate transition |
| <input type="checkbox"/> Medical Education  |  |

How would you like to hold meetings with the mentee?

Face-to-face  
 Email  
 Telephone  
 Skype  
 No preference How often would you like to meet with the mentee?

How often would you like to meet with the mentee?

Once a month  
 Once every 3 months  
 Once every 6 months

What are your motivations for being a mentor?

What will you bring to the mentoring role? (Knowledge or experience on research, leadership, management, career break, part-time working, career changes)

What would you expect from a mentee?

I confirm that I am happy for the MACH team to keep my personal information at a database. The data will be used solely for the purpose of the mentorship scheme.

# Resources

- MACH Framework (SOP)
- Signposting by contacting MACH team
- Google Drive collection of resources – under construction
- If any issues/questions, please contact [surgicalcareersNW@gmail.com](mailto:surgicalcareersNW@gmail.com)

## North West School of Surgery

Mentorship, Advice and Connection Hub



Mentorship  
Advice and  
Connection  
Hub

A career in surgery is challenging but also rewarding. Whether you are a medical student or junior doctor, you may face issues that fall outside your supervisors' areas of expertise. In such cases, being able to talk through professional and personal issues in a confidential and supportive manner could have an important role in job satisfaction and overall wellbeing.

At Health Education England, North West, supported by the School of Surgery, the Mentorship, Advice and Connection Hub (MACH) has been created. It is open to medical students, foundation doctors, trust grade doctors, core and higher surgical trainees. By connecting trainees with a suitable mentor, MACH aims to facilitate advice and support on a range of different topics including pastoral or professional issues, such as career progression and development, work-life balance, flexible training, exam performance and professional relationships. The mentors are surgeons of all grades working in the North West, who have undergone mentorship training and can offer ongoing support and guidance outside the clinical environment. Our role is to bring you in contact with a mentor with experience in the area you seek advice on and ensure a quality mentoring relationship.

### Getting Involved

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 [Mentor application form](#)

 [Mentee application form](#)

 [MACH framework](#)



# Specialty Leads

| Specialty          | Mentorship Lead/TPD   |
|--------------------|---|
| Cardiothoracic     | Steve Wooley <a href="mailto:steven.woolley@lhch.nhs.uk">steven.woolley@lhch.nhs.uk</a>   |
| CST                | Sabeen Akhtar <a href="mailto:sabeen.akhtar@nca.nhs.uk">sabeen.akhtar@nca.nhs.uk</a>  |
| ENT                | Ravi Sharma   |
| GS East            | David van Dellen <a href="mailto:David.vanDellen@mft.nhs.uk">David.vanDellen@mft.nhs.uk</a>   |
| GS West            | Caroline Bruce <a href="mailto:Caroline.Bruce@mcht.nhs.uk">Caroline.Bruce@mcht.nhs.uk</a>   |
| Neurosurgery       | Saxena Ankur < <a href="mailto:Ankur.Saxena@nca.nhs.uk">Ankur.Saxena@nca.nhs.uk</a> >;<br>Ajay Sinha < <a href="mailto:Ajay.Sinha@alderhey.nhs.uk">Ajay.Sinha@alderhey.nhs.uk</a> > |
| OMFS               | Anne Begley <a href="mailto:Anne.Begley@outlook.com">Anne.Begley@outlook.com</a>  |
| Paediatric Surgery | Anju Goyal  |
| Plastic Surgery    | Anuj Mishra   |
| T&O East           | Rowena Umaar(mri)   |
| T&O West           | Danielle Wharton  |
| Urology East       | Katie Moore mri   |
| Urology West       | Snehal patel <a href="mailto:snehalpatel@nhs.net">snehalpatel@nhs.net</a>   |
| Vascular           | Jon Ghosh <a href="mailto:jonathan.ghosh@nhs.net">jonathan.ghosh@nhs.net</a>  |

# MACH Specialty Trainee representatives

Sarah Chadwick - Plastic surgery

Aitor de Gea Rico - Oral and Maxillofacial surgery

Emma Gosnell - ENT surgery

Amer Harky - Cardiothoracic surgery

Assad Khan - Vascular surgery

Talal Majeed - General surgery

Fatima Rashid - Trauma and Orthopaedics

James Russell - Core Surgical Training

Mentor registration form: <https://forms.gle/PMfxQ8JdeYygbkhU8>

Mentee registration form: <https://forms.gle/6M51rkbex6hwVxBQ7>