

CT1 Psychiatry: North West

<p>Programme Details</p>	<p>Core Psychiatry training is the first stage of your specialist training in Psychiatry. It is a three-year training programme (if completing training full time), consisting of 6 month rotations through a range of subspecialties. Trainees are currently appointed to two regions within the area, the West side (formerly 'Mersey') or the East side (formerly 'North West'). The size and diversity of the schemes means that there are a wide array of placements to opt for.</p> <p>The first year often consists of a General Adult post and an Old Age Psychiatry post. All trainees have to complete a developmental post (Child and Adolescent Psychiatry or Psychiatry of Intellectual Disability) prior to completion of the three years. Specialist General Adult posts, such as Early Intervention in Psychosis or Home Based Treatment Team, and posts in Forensic settings and Substance Misuse are available.</p> <p>All trainees gain experience in Psychotherapy, completing Case-discussion groups, followed by a Short and Long case in different modalities.</p> <p>There are both local and regional teaching programmes, which are of an excellent quality, to help trainees complete the MRCPsych examinations and prepare for specialty training.</p> <p>Trainees receive one hour protected supervision time with their clinical supervisor each week and are allocated an educational supervisor and Training Programme Director (TPD) at the start of training.</p> <p>There are ample opportunities to teach medical students, volunteer for leadership positions and undertake quality improvement projects. Some trainees undertake their training less-than-full-time, or combine Clinical and Academic training as an Academic Clinical Fellow.</p>
<p>Training Locations</p>	<p><u>East Programme (Greater Manchester)</u></p> <ul style="list-style-type: none"> • <u>Greater Manchester Mental Health</u> • <u>Pennine Care NHS Foundation Trust</u> • <u>Manchester University NHS FT</u> <p><u>West Programme (Merseyside & Cheshire)</u></p> <ul style="list-style-type: none"> • <u>Mersey Care NHS Foundation Trust</u> • <u>Cheshire & Wirral Partnership</u> • <u>North West Boroughs Healthcare</u> • <u>Alder Hey Children's NHS FT</u> <p><u>Lancashire</u></p> <ul style="list-style-type: none"> • <u>Lancashire Care NHS Foundation Trust</u>
<p>Expected Rotation Information</p>	<p><u>West Programme</u></p> <p>Trainees will be expected to rotate through most of the Trusts during a minimum of six 6-month posts. Training placements are available in the full range of psychiatric subspecialties including the unique opportunity to have 6</p>

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	<p>months forensic psychiatry training at Ashworth Special Hospital. All training placements are easily commutable from the centre of Liverpool. In addition to excellent clinical opportunities there will be numerous opportunities provided for experience in research, Clinical Audit and Leadership and Management.</p> <p><u>East Programme</u> On the Greater Manchester Scheme, trainees will be expected to rotate through most of the Trusts during a minimum of six 6- month posts.</p> <p><u>Lancashire Scheme</u> Lancashire is a small but reputable region that offers trainees a wide breadth of experience during their 3 years of Core Training.</p>
Anticipated Duration	3 years subject to satisfactory progression
Anticipated Outcome	Completion of Core Psychiatry training
Employment Information	
Employer	Candidates will be employed by the relevant Trust throughout the duration of training.
Employer Email Contact Address	
National Terms & Conditions	http://www.nhsemployers.org/your-workforce/pay-and-reward/medical-staff/doctors-and-dentists-in-training
Travel and Relocation expenses policy	https://www.nwpgmd.nhs.uk/other-policies-and-guidance
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