

## CT1 Psychiatry: North East

|                                      |   |
|--------------------------------------|---|
| <p>Programme Details</p>             | <p>Within Health Education England North East and North Cumbria the Core Psychiatry rotation is divided into a Northern and Southern rotation.</p> <p>The Northern Scheme is the larger of the two core schemes across Tyne and Wear, Northumberland and North Cumbria with up to 56 posts. The majority of posts are hosted by Northumberland Tyne and Wear NHS Foundation Trust (NTW). NTW is one of the largest mental health and disability Trusts in the country – serving a population of 1.4 million.</p> <p>The Southern Scheme with 37 core training posts is based at Tees, Esk and Wear Valley NHS Foundation Trust. This is a large mental health Trust and provides comprehensive health services to the populations of County Durham, Teesside and part of North Yorkshire.</p> <p>Please see following link for further information:<br/> <a href="http://madeinheene.hee.nhs.uk/psychiatry/Rotations">http://madeinheene.hee.nhs.uk/psychiatry/Rotations</a></p>  |
| <p>Training Locations</p>            | <p>Northern Scheme:</p> <ul style="list-style-type: none"> <li>- Bede Wing</li> <li>- Ferndene, Prudhoe</li> <li>- Hopewood Park</li> <li>- Newcastle General Hospital</li> <li>- North Tyneside General Hospital</li> <li>- Northgate Hospital</li> <li>- Royal Victoria Infirmary</li> <li>- St Georges Park</li> <li>- St Nicholas Hospital</li> <li>- Tranwell Unit, Queen Elizabeth Hospital</li> </ul> <p>Southern Scheme:</p> <ul style="list-style-type: none"> <li>- Lanchester Road Hospital</li> <li>- Merrick House Easington</li> <li>- Derwent Clinic</li> <li>- Bowes Lyon Unit</li> <li>- Green Lane</li> <li>- Spectrum Business Park &amp; Hundens Lane</li> <li>- Winchester House, Peterlee</li> <li>- West Park Hospital</li> <li>- Goodall Centre</li> <li>- Primrose Lodge</li> <li>- Auckland Park Hospital</li> <li>- Enterprise House</li> <li>- The Acley Centre</li> <li>- Foxrush House, Redcar</li> <li>- Roseberry Park Hospital</li> <li>- Parkside / Lustrum Vale</li> <li>- Sandwell Park</li> <li>- Reed Marsh House, Redcar</li> <li>- Viscount House</li> <li>- Newberry House</li> <li>- The Dales / Wessex House</li> <li>- Flats Lane Centre</li> </ul> <p>Cumbria Partnership:</p> <ul style="list-style-type: none"> <li>- Carlton Clinic, Carlisle</li> <li>- Portland Square, Carlisle</li> </ul> |
| <p>Expected Rotation Information</p> | <p>Northern Rotation:</p> <p>Rotating every six months; the majority of posts are based within NTW with a small number of posts within Northumbria Healthcare NHS Foundation Trust, Gateshead Health NHS Foundation Trust and Cumbria Partnership NHS Foundation Trust. Whilst trainees within the Core (north) scheme may throughout their training be based at any of the rotational locations (particularly for specialist services and developmental psychiatry), there is an expectation that the posts within CT1 will be within the same geographical area or hospital base.</p>   |

|                                       |  |
|---------------------------------------|--|
|                                       | <a href="https://www.ntw.nhs.uk/">https://www.ntw.nhs.uk/</a><br>Southern Rotation:<br>This programme rotates every 6 months. To start off their experience core trainees in their first rotation are assigned to a post which includes an adult mental health setting. For subsequent rotations core trainees will rotate around posts within TWEV based hospital sites in County Durham and Teesside. This rotation does not include Trust localities in Yorkshire.<br><a href="http://www.tewv.nhs.uk/site/">http://www.tewv.nhs.uk/site/</a> |
| Anticipated Duration                  | 3 years subject to satisfactory progression  |
| Anticipated Outcome                   | Completion of Core Psychiatry training   |
| <b>Employment Information</b>         |  |
| Employer                              | Lead Employer Trust (LET) hosted by Northumbria Healthcare NHS Foundation Trust  |
| Employer Email Contact Address        | <a href="mailto:l.turnbull3@nhs.net">l.turnbull3@nhs.net</a> and <a href="mailto:leanne.lowe@nhs.net">leanne.lowe@nhs.net</a>  |
| National Terms & Conditions           |  |
| Travel and Relocation expenses policy | <a href="https://madeinheene.hee.nhs.uk/lead_employer_trust/policies">https://madeinheene.hee.nhs.uk/lead_employer_trust/policies</a>  |
| Other Policies and Guidance           | Please use link above  |

If you require any additional information, please contact the region directly on: [leanne.lowe@hee.nhs.uk](mailto:leanne.lowe@hee.nhs.uk)