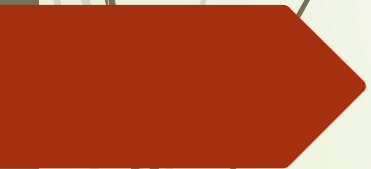


Starting your journey as a trainee

Amer Harky

MBChB, MRCS, MSc

ST5 Cardiothoracic Surgery





Training Journey



- Where do you want to be
- Select your mentors
- Utilise the resources



Looking Forward

- D1 as a trainee
 - Professionalism
 - Teamwork
- 

ISCP





It is all about you

- Health and wellbeing
 - Personal / family
 - Work life balance
 - Hobbies
- 



Amer.harky@nhs.net