Below is our list of the most important books in the literature of the consultation. It is a very personal list and you will not need to have read a single word of any of these to gain value form the course.

Balint, E. and Norell, J. S. “Six Minutes for the Patient” Tavistock Publications (1973)

Balint, M. “The Doctor, His Patient and The Illness” Churchill Livingstone (3\textsuperscript{rd} Edn 1986)

\textit{(The work of Michael and Enid Balint and collaborators laid the foundation in the UK for the study of the consultation)}

Berne, E. “Games People Play” Penguin (1973)

\textit{(Enjoyable read and has explanations for a range of patient behaviours)}


\textit{(Early landmark study)}


\textit{(One of the 2 volumes that constitute the “manual” for the Calgary Cambridge method – only crucial for use in teaching, when it becomes very valuable)}

Maguire, P., Pitceathly, C, Key communication skills and how to acquire them. BMJ 2002; 325: 697-700.

\textit{(Concise and complete recent review)}


\textit{(A very practical book, aimed especially at GPs. Congruent with the Calgary Cambridge method).}

Neighbour, R. “The Inner Consultation” Petroc Press (1987)

\textit{(Rightly one of the most popular books on the consultation, and written in an engaging and novel style)}


\textit{(A seminal work which shaped consultation skills teaching)}

(concise genius – the best “How to do it” manual in the field, bar none)


(The “skills” part of the manual for the Calgary Cambridge method – not a light read, but comprehensive and logical with explicit links to the evidence).


(Why communication skills training is now on the agenda for all doctors)


(A superb book, very readable, dealing with communication with people who are not like you [different sex, culture, class or age]).


(A fascinating read – brilliant thoughtful original research on the consultation)


(An excellent research review. One of the core pieces of evidence for the Calgary Cambridge framework)


(Despite being targeted at medical students, in fact this a well-written and practical manual for more experienced doctors, nurses etc. It takes a behavioural approach that is completely consistent with Calgary Cambridge).