How to Avoid an Outcome 5

An Outcome 5 is a holding outcome, not an adverse one. Follow this quick checklist to avoid receiving an Outcome 5 at your ARCP:

ARCP Checklist:

- **Submit evidence on time**: Ensure all required evidence is uploaded at least **two weeks before** your ARCP panel or at ARCP peaks by the deadline given in the ARCP Sway documents sent from the GP Support Team.

- **Complete a Full Educational Supervisor's Report (ESR)**: The panel will not accept an interim ESR (iESR). Both the **ES and Doctor in Training** must sign the ESR in advance of the panel.

- **TIS Self-Service & Form R Part B**: Ensure your Form R is completed through TIS self-service. Previous versions of the Form R will not be accepted [TIS Self Service Guide - Copy.docx (live.com)](#)

    - **TOOT Days**: Fill in the total time out of training (TOOT) days, and ensure this corresponds to the TooT dates that have been added on your e-Portfolio.

    - **Locum Shifts**: please ensure any locum shifts are added to the post section of the Form R

    - **SEA/LEA**: any SEAs or LEAS that have been declared on the Form R must also be reflected on your portfolio as a Learning log Entry

- **Clinical Supervisor Reviews (CSR)**: Obtain a CSR for each placement, including both elements of GP Plus posts.

- **BLS/ALS Certificate**:

    - Must be **up to date** and attended in person.

    - Include **AED** and **proficiency in CPR** for both adults and children (unless no paediatric exposure).

    - Certificates must remain valid until your CCT.

- **Safeguarding Certificates**:

    - **Adult Safeguarding (Level 3)** and **Child Safeguarding (Level 3)** certificates should be up to date and uploaded.

o Ensure a knowledge update every calendar year and a **Clinical Case Review** demonstrating the application of safeguarding knowledge in the ST3 year.

Tips:

- Upload your **Form R** correctly: further details can be found in the help section of your portfolio Uploading Form R – FourteenFish Help Centre

- Everything must be uploaded before your Educational Supervisor signs off your ESR to avoid technical issues.

- It takes **24 hours** for your programme (14Fish) to back up to FishBase (the system used for reviews).

- Even if you are not in programme at the time of your ARCP, you must upload a **Form R** (no ESR needed).

Further Help:

- RCGP WPBA Requirements

- Access Forms

- FishBase Troubleshooting Directory

- FishBase Support Team: support@fourteenfish.com

- GP Support Team england.gptraining.nw@nhs.net