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| --- | --- | --- | --- |
| Name |  | GMC/GDC Number |  |
| Specialty |  | Grade / Stageof Training |  |
| Date of Mtg |  |
| Progress and Wellbeing: |
| Support for the trainee’s learning and development e.g. curriculum: |
| PDP Review & Changes: |
| Signposting to any further resources: |

|  |  |
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| HEE NW Website:  | [www.nwpgmd.nhs.uk/TSN/DoS](http://www.nwpgmd.nhs.uk/TSN/DoS) |
| Lead Employing Trust:  | St Helens & Knowsley Teaching Hospitals NHS Trust<https://sharedservices.sthk.nhs.uk/lead-employer/>, well.being@sthk.nhs.uk or via telephone on 0151 430 1985 |
| BMA: | [www.bma.org.uk/advice/work-life-support/your-wellbeing/counselling-and-peer-support](http://www.bma.org.uk/advice/work-life-support/your-wellbeing/counselling-and-peer-support) |
| Practitioner Health Programme: | [www.practitionerhealth.nhs.uk](http://www.practitionerhealth.nhs.uk) or by phone on 03000 303300.  |