

APLAN GUIDE DFT HEENW

Quick Guide

APLAN Overview

APLAN (Anonymous Peer Learning & Assessment Network) is an online platform designed to facilitate the anonymous distribution and assessment of 3 clinical cases.

Each FD will upload 3 clinical cases of increasing complexity, one in each term, onto the APLAN platform. 4

APLAN distributes cases both anonymously and randomly to different DFT study groups within each local deanery at set periods.

Both Foundation Dentists and Educational Supervisors will provide feedback on at least three clinical cases distributed to them via APLAN, one clinical case each term.

APLAN will then be used by TPDs to inform the Peer Review process of clinical case presentations and allow feedback generated to be evaluated for accuracy and usefulness.

After each milestone period a CPD certificate will be generated and will require uploading to the Eportfolio

APLAN Log In

At the beginning of term 1 all foundation dentists and educational supervisors will receive an email to access the APLAN platform. You will need to be GDC registered before you can log into APLAN.

<https://aplan.heyh.org.uk>



Log in

London region users should use APLAN at the following address
<https://aplan-lkss.heyh.org.uk/>

Your account will have been created on your behalf by your Deanery. If you did not receive login details, click the "forgotten password" link and enter your email address to receive a password reset token.

Email address

Password

GDC No

Remember me?

[I've forgotten my password](#)

Once registered on the APLAN platform you will have access to the dash board, resource page and example case page.

Please read through the documents in the resource page and review the example cases as these will give you all of the information you will require to complete the APLAN process.

https://aplan.heeh.org.uk/Home/Resources

Health Education England | Dashboard | Example Cases | Resources | Admin | Reports | Users

Resources

User Guides

- [APLAN User Guide – Foundation Dentist / Vocational Trainee](#)
- [APLAN User Guide – Taught Programme Director](#)
- [APLAN User Guide – Associate Dean & Administrator](#)

Information

- [Milestones Overview](#)
- [Milestone 2 Requirements](#)
- [Milestone 3 Requirements](#)
- [Feedback and Scoring Guidance](#)

Templates

- [Patient Consent Form](#)
- [Dental Charting Template](#)
- [Dental Charting Symbols](#)
- [RPE Template](#)

It is important that you read through all of the resources available on the APLAN platform and utilise the templates given before uploading your cases

https://aplan.heeh.org.uk/Home/Examples

Health Education England | Dashboard | Example Cases | Resources | Admin | Reports | Users

Example Cases

Urgent Dental Care (Milestone 1A)

[Case 1](#) [Case 2](#) [Case 3](#) [Case 4](#)

Treatment of Dental Disease (Milestone 1B)

[Case 1](#) [Case 2](#) [Case 3](#) [Case 4](#)

Molar Endodontics (Milestone 2)

[Case 1](#) [Case 2](#) [Case 3](#) [Case 4](#) [Case 5](#)

Complex Case (Milestone 3)

[Case 1](#) [Case 2](#) [Case 3](#) [Case 4](#) [Case 5](#)

Please make your self familiar with the example cases on the APLAN platform. These cases will guide you and provide you insight into what's expected on the APLAN platform.

What are Dental Milestones ?

Dental Milestones describe an assessment and learning process that occurs throughout the DFT year.

There will be 3 dental milestones that foundation dentists will upload to the APLAN platform for peer review and present as a case presentation, one each term.

Please see below tables detailing each milestone and the dates for submission

Milestone 1

Milestone 1 is a clinical case that demonstrates treatment planning skills, it can be based around an emergency dental appointment with relevant treatment and long term plans or a treatment plan for a patient with dental disease.

Milestone 1 will be completed in Term 1.

Only FDs will peer review a minimum of 3 cases on the APLAN platform for milestone 1.

The case will be presented face to face between each RED and BLUE DFT scheme on a case presentation day and feedback will be given by your TPD.

Dates

Submission of case by **7/10/22**

Case reviews completion between **8/10/22 - 19/10/22**

Case presentation **28/10/22**

Milestone 2

Milestone 2 should be a completed Band 2 or 3 treatment that contains a completed Molar Endodontic Case and subsequent definitive restoration. This case will demonstrate your knowledge and clinical performance in completing and restoring molar endodontic treatment.

Milestone 2 will be completed in Term 2

FDs and ESs will peer review a minimum of 3 cases on the APLAN platform for milestone 2.

The case will be presented face to face between each RED and BLUE DFT scheme on a case presentation day and feedback will be given by your TPD.

Dates

Submission of case by **27/1/23**

Case reviews completion between **28/1/23 – 8/2/23**

Case presentation **17/2/23**

Milestone 3

Milestone 3 should be a completed Band 3 treatment that contains a complex treatment plan, involving various dental disciplines. This case will demonstrate the synthesis of your knowledge and clinical performance in treatment planning and executing work that would be expected of a GDP in the early years of their career.

Milestone 3 will be completed in Term 3

FDs and ESs will peer review a minimum of 3 cases on the APLAN platform for milestone 3

The case will be presented face to face or online (TBC) between each RED and BLUE DFT scheme on a case presentation day and feedback will be given by your TPD.

Dates

Submission of case by **22/5/23**

Case reviews completion between **23/5/23 – 7/6/23**

Case presentation **22/6/23 & 23/6/23**

Case presentation days format

Following the completion of each APLAN milestone a case presentation day will be held.

Each foundation dentist will prepare a case presentation of the completed milestone on a power point to present on the case presentation day.

Each presentation shall last no longer than the specified time and the presentation will be halted if it extends for longer. Please prepare your case presentations to the specified time in the below format guides.

Milestone 1 28/10/22

- FDs from each group will be split into clusters of 3-4 FDs and each group will have 3-4 APLAN cases allocated from their scheme for them to review. **(Lap tops will be required)** Notes and questions to be made from each case. **45 minutes**
- Each case will then be presented in a running order. There will be 5 minutes allocated to the presentation of the case and 5 minutes for questions from groups for each case. Total 10 minutes. **2 ½ hours**
- There will be a 10 minute break allocated during the cases presentations

Once the case presentations are completed the TPD will give feedback on the following below criteria and upload their feedback to the APLAN platform for the FD to review.

Presentation

Clarity of slides, appropriate dental language, confident delivery, professional

Communication

Listening to feedback, comprehension of issues, appropriate responses, professional

Clinical Case

Impression of the case presented, overview of key anonymous feedback, any learning needs identified

Insight

FD to score their own case and make comments, TPD to comment on recognition for areas that went well or could be improved.

Milestone 2 17/2/23

- FDs from each group will be split into clusters of 3-4 FDs and each group will have 3-4 APLAN cases allocated from their scheme for them to review. 1 ES will be allocated to each group for the entire session. **(Lap tops will be required)** Notes and questions to be made from each case. **45 minutes**
- Each case will then be presented in a running order. There will be 5 minutes allocated to the presentation of the case and 5 minutes for questions from groups for each case. Total 10 minutes. **2 ½ hours**
- There will be a 10 minute break allocated during the cases presentations

Once the case presentations are completed the TPD will give feedback on the following below criteria and upload their feedback to the APLAN platform for the FD to review.

Presentation

Clarity of slides, appropriate dental language, confident delivery, professional

Communication

Listening to feedback, comprehension of issues, appropriate responses, professional

Clinical Case

Impression of the case presented, overview of key anonymous feedback, any learning needs identified

Insight

FD to score their own case and make comments, TPD to comment on recognition for areas that went well or could be improved.

Milestone 3 **22 & 23/6/23**

- FDs from each group will be split into clusters of 3-4 FDs and each group will have 3-4 APLAN cases allocated from their scheme for them to review. 1 ES will be allocated to each group for both the morning and afternoon session. **(Lap tops will be required)** Notes and questions to be made from each case. **1 hour am**
- Each case will then be presented in a running order. There will be 10 minutes allocated to the presentation of the case and 5 minutes for questions from groups for each case. Total time for each presentation 15 minutes. **1 hour 45 minutes each session am/pm**
- There will be a 15 minute break allocated during the cases presentations am/pm

Once the case presentations are completed the TPD will give feedback on the following below criteria and upload their feedback to the APLAN platform for the FD to review.

Presentation

Clarity of slides, appropriate dental language, confident delivery, professional

Communication

Listening to feedback, comprehension of issues, appropriate responses, professional

Clinical Case

Impression of the case presented, overview of key anonymous feedback, any learning needs identified

Insight

FD to score their own case and make comments, TPD to comment on recognition for areas that went well or could be improved.

Overall Mark for each case presentation

Your TPD will give you an overall mark for your case presentation using the below criteria

Overall Opinion	Clinical Standards	Case Presented
Above the Standard (4)	Quality of work is above that expected for DFT completion. Treatment tackled could be complex or/and technically challenging. This can only be awarded if the case meets category A for Case Complexity	<ul style="list-style-type: none"> - Excellent Photographic Quality - Clear and concise case write-up - Appropriate References
Meets the Standard (3)	Treatment plan and diagnosis you agree with, quality of work is at the Standard expected for DFT completion, level of complexity something you would expect a GDP to be able to tackle.	<ul style="list-style-type: none"> - Good photographic quality - Clear Case Write-Up
Borderline (2)	Correct diagnosis and treatment plan with some minor errors in execution, treatment carried out was appropriate but there may be some minor issues with quality which do not affect the long-term prognosis for this treatment.	<ul style="list-style-type: none"> - Average photographic quality - Case Write-Up may be slightly confusing.
Below the Standard (1)	Inappropriate treatment, poor or incorrect diagnosis leading to incorrect treatment, treatment plan that is not the most appropriate for the patient. Poor quality of treatment which is likely to have a poor prognosis. You would not want this treatment for yourself or/ and family members.	<ul style="list-style-type: none"> - Poor or no clinical photographs - Lack of care in case write-up - Case write-up is minimal, with more information required

Once you have received your Mark and your Feedback you will then have to complete a reflection/feedback exercise on the APLAN platform and make comments on your peer review feedback and TPD feedback.

Once this is complete you will receive your CPD certificate for each milestone case.

There are case presentation guides available for each case presentation and the case presentation should be produced in a power point format. (Case presentation guides will be sent out separately)

Important things to consider

- Identify your cases early on and take clinical photographs for your APLAN upload and case presentation
- Each case should be shown to your ES before you present it on case presentation day and uploaded as a case based discussion (This will count towards your CBD total)
- Use the patient consent form from APLAN to consent your patients for the use of clinical pictures. Try to also make your cases, clinical photographs and documentation anonymous.
- Make use of the templates on the resources page to guide you when uploading your case to APLAN.

Important Contacts

For all enquiries and technical support regarding the APLAN platform please click the link at the bottom of each web page on the APLAN website. **See below.**

For all other enquiries regarding the case presentation refer to the **case presentation guides** and contact your respective **TPD**

The screenshot shows the APLAN login page. At the bottom, a footer notice is circled in red: "v3.3 Developed by [Illuminaries Ltd](#) , concept by Jason Atkinson. For technical support, [click here](#)". To the right of this notice are links for "HEE Privacy Notice" and "APLAN Cookie Policy". A red arrow points from the circled notice to a larger, clearer version of the same notice below.