



Health Education North West

# AKT support for trainees

This is in addition to support on programmes, enhanced induction, and DA champion sessions.

## Standard support (for trainees yet to sit the AKT)

- 1) All trainees ST2-3 receive an invitation to a 2 hour online prep session – a choice of 3 dates approximately 3 months before each sitting.
- 2) Following exam booking trainees receive a list of appropriate resources and a “Where do I start?” document.
- 3) A month before the sitting trainees receive a countdown document with tips for last-minute preparation and a summary of exam feedback.
- 4) If a trainee is unsuccessful in the sitting, they receive a holding email advising them to not immediately rebook and including the date of the next SOX (Support on Extension) trainee day.

## SOX support (for trainees who have not been successful in the AKT – trainee can currently only attend once)

- 1) All trainees who have been unsuccessful in an AKT attempt are invited to a trainee day which is interactive and held online. Before, during and after this day they complete a reflective questionnaire looking at factors which influenced performance and what they could change.
- 2) A tutorial with a SOX educator to which the trainee and ES are invited. During this session the reflective questionnaire is discussed, and a RAG rating completed with a bespoke educational prescription.
- 3) Trainees are invited to participate in facilitated peer workshops in the lead up to their next sitting to maintain motivation and momentum.